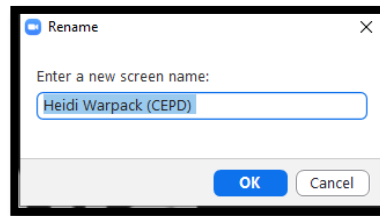
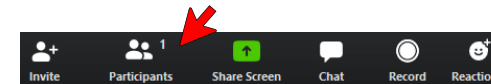


Thank you for joining us

Research Webinar will begin shortly

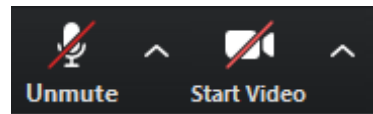
In the meantime, please rename yourself with your FIRST name LAST name (unit/department)

1. Click on “Participants” in banner at the bottom
2. Find you name/SID/phone number and hover over it, click “More >”
3. Click “Rename”

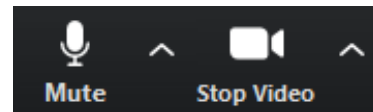


Zoom Basics

- ▶ Make sure you mute yourself if you are not speaking
 - You can view this in your bottom left banner

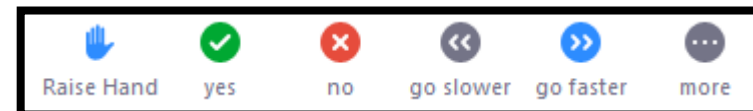
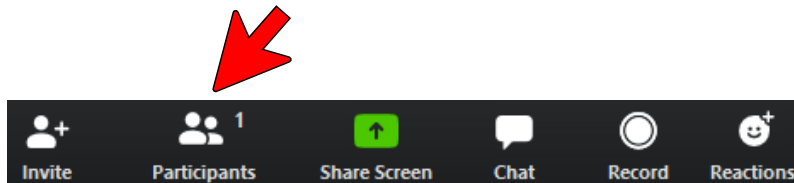


= muted and not sharing your video



= unmuted and sharing your video

- ▶ You will be asked to participate throughout the workshop, please raise your hand before you speak to avoid multiple people speaking at once



The Role of Bedside Nurses in Clinical Trials

Presented by: Nick Berte, MSN, RN

Research Program Manager

The Office of Research, PCS

nberte@stanfordhealthcare.org

650.529.5103



Michelle Williams
PhD, RN
Exec. Director



Mary E. Lough
PhD, RN
Research Scientist



Monique Bouvier
PhD, RN
Research Scientist



Maria Yefimova
PhD, RN
Research Scientist



Nick Berte
MSN, RN
*Research
Program Manager*

OFFICE of RESEARCH **PATIENT CARE SERVICES**

research@stanfordhealthcare.org

Objectives



Describe the differences between clinical trials, evidence based practice, and quality improvement projects.



Verbalize common types of clinical trials. Drugs, Devices, Procedures.



Discuss the various phases of clinical drug trials.



Recognize how the nurses role is fundamental to study fidelity.

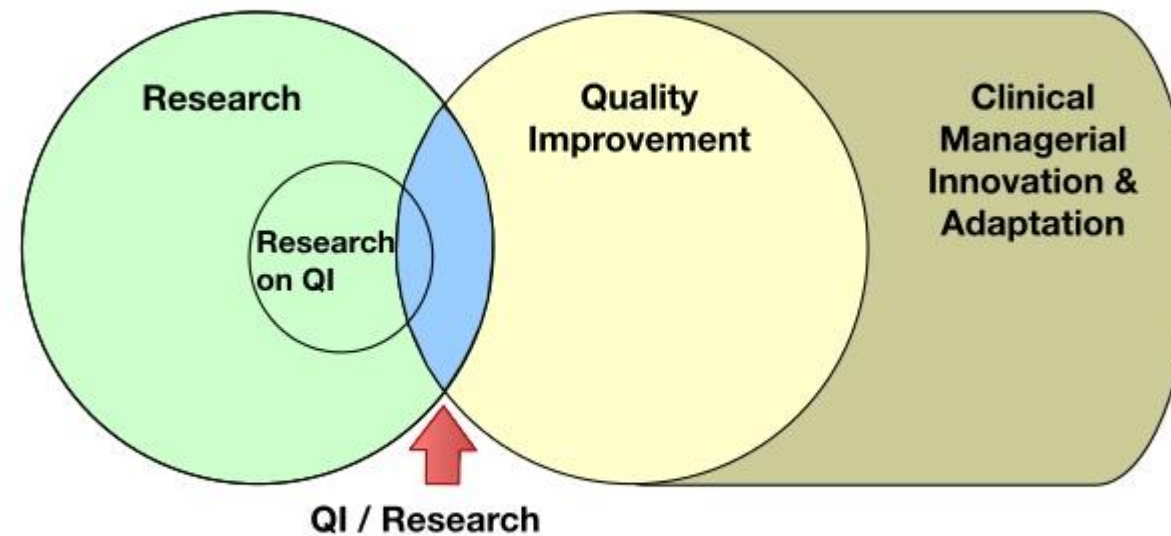


Identify bedside RN contributions to science through clinical trials work.

Survey Questions

- ▶ Q: Do you currently have clinical trials on your unit?
- ▶ Q: Have you ever participated in a clinical trial as a bedside provider?

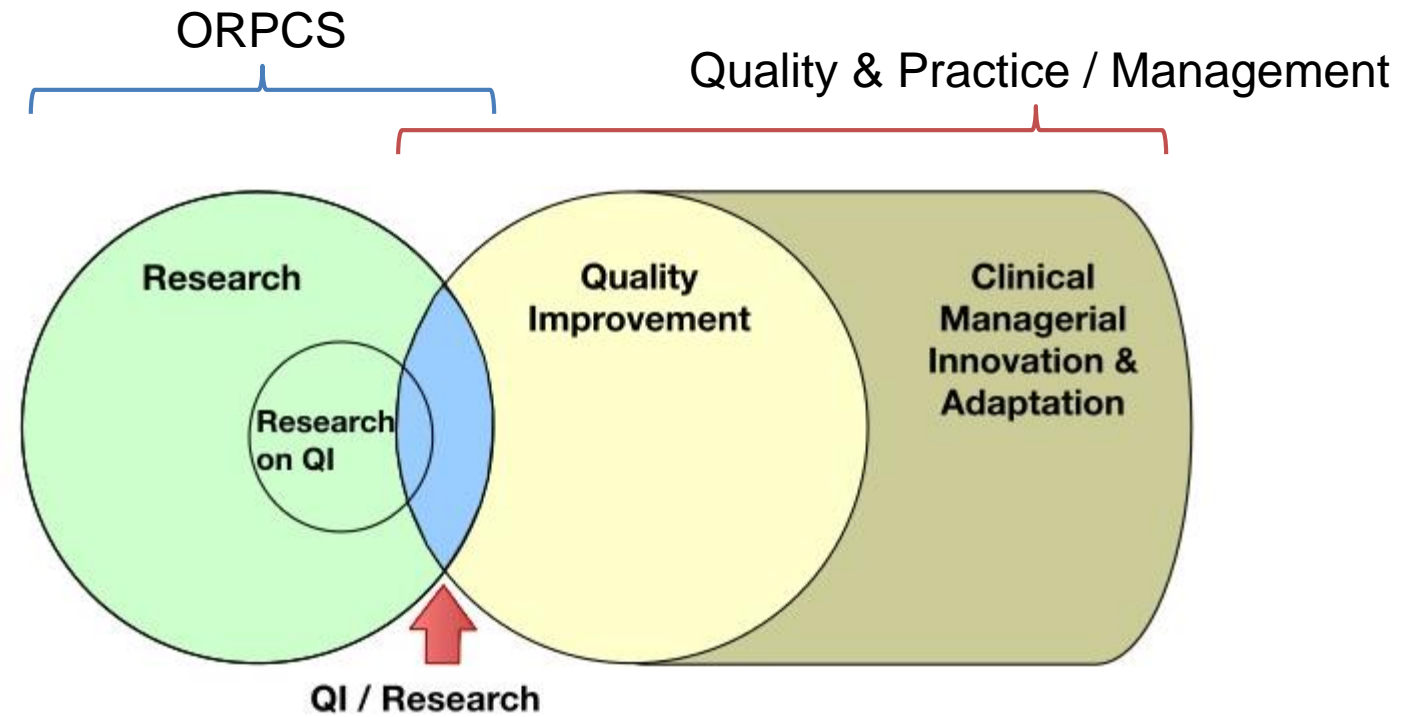
Intersection of QI and Research



Adapted from: Hastings Center Report, July - Aug 2006

 The Children's Hospital of Philadelphia® | RESEARCH INSTITUTE

QI & Research



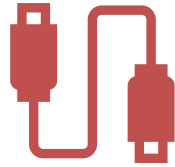
QI vs Research

Points to consider	Research	QA/QI
Purpose	To test a hypothesis OR establish clinical practice standards where none are accepted	To assess or promptly improve a process, program, or system; OR improve performance as judged by accepted/established standards
Starting Point	To answer a question or test a hypothesis	To improve performance
Benefits	Designed to contribute to generalizable knowledge and may or may not benefit subjects	Designed to promptly benefit a process, program, or system and may or may not benefit patients
Risks/ Burdens	May place subjects at risk and stated as such	By design, does not increase patient's risk, with exception of possible privacy/confidentiality concerns
Data Collection	Systematic data collection	Systematic data collection
End Point	Answer a research question	Promptly improve a program/process/system
Testing/ Analysis	Statistically prove or disprove a hypothesis	Compare a program/process/system to an established set of standards.

Types of Clinical Trials



Drugs



Devices



Procedures



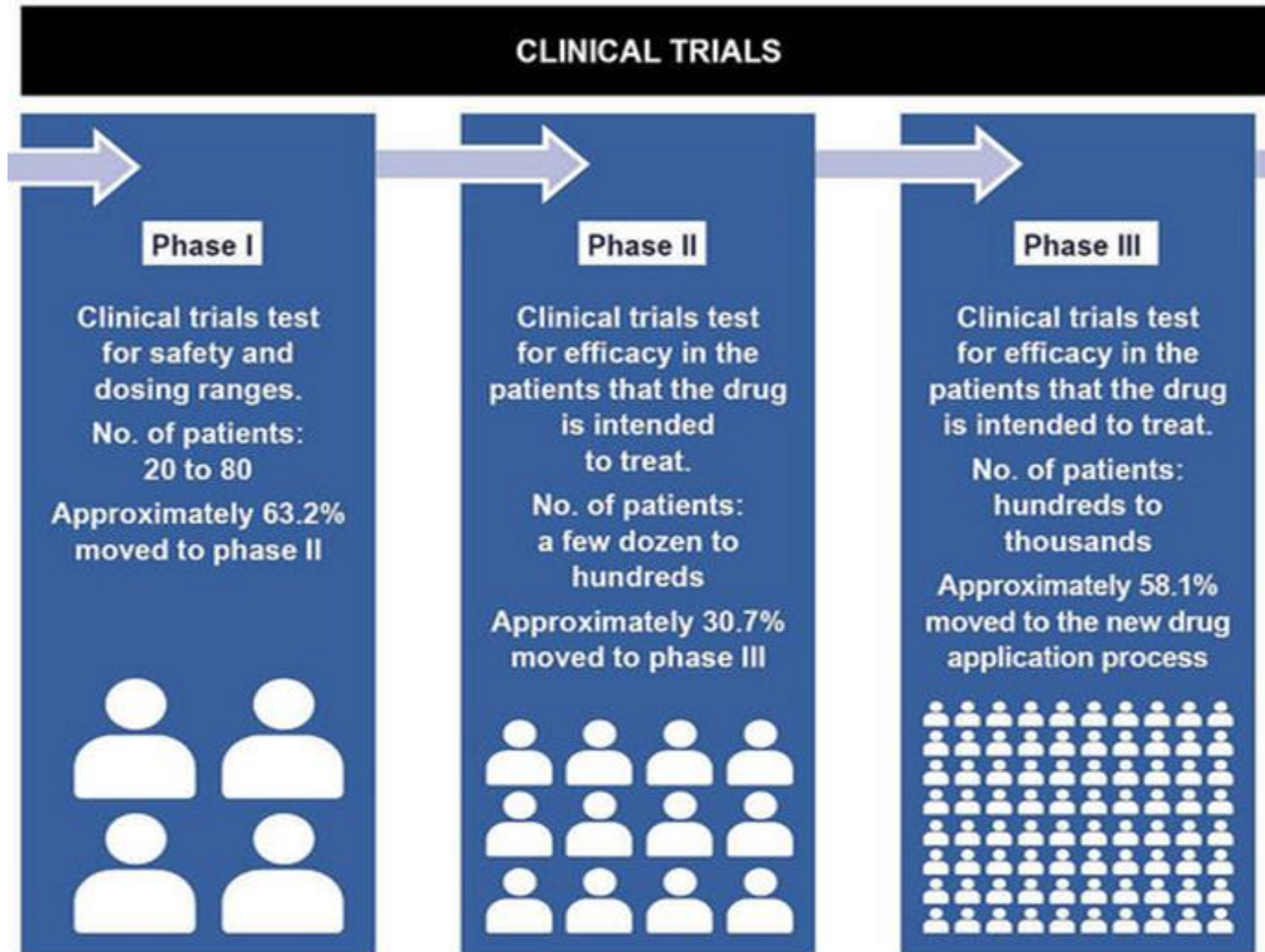
Changes to
Behavior

Phases of Clinical Drug Trials



- ▶ Bench Science
- ▶ Innovation

Phases of Clinical Drug Trials



Phases of Clinical Drug Trials

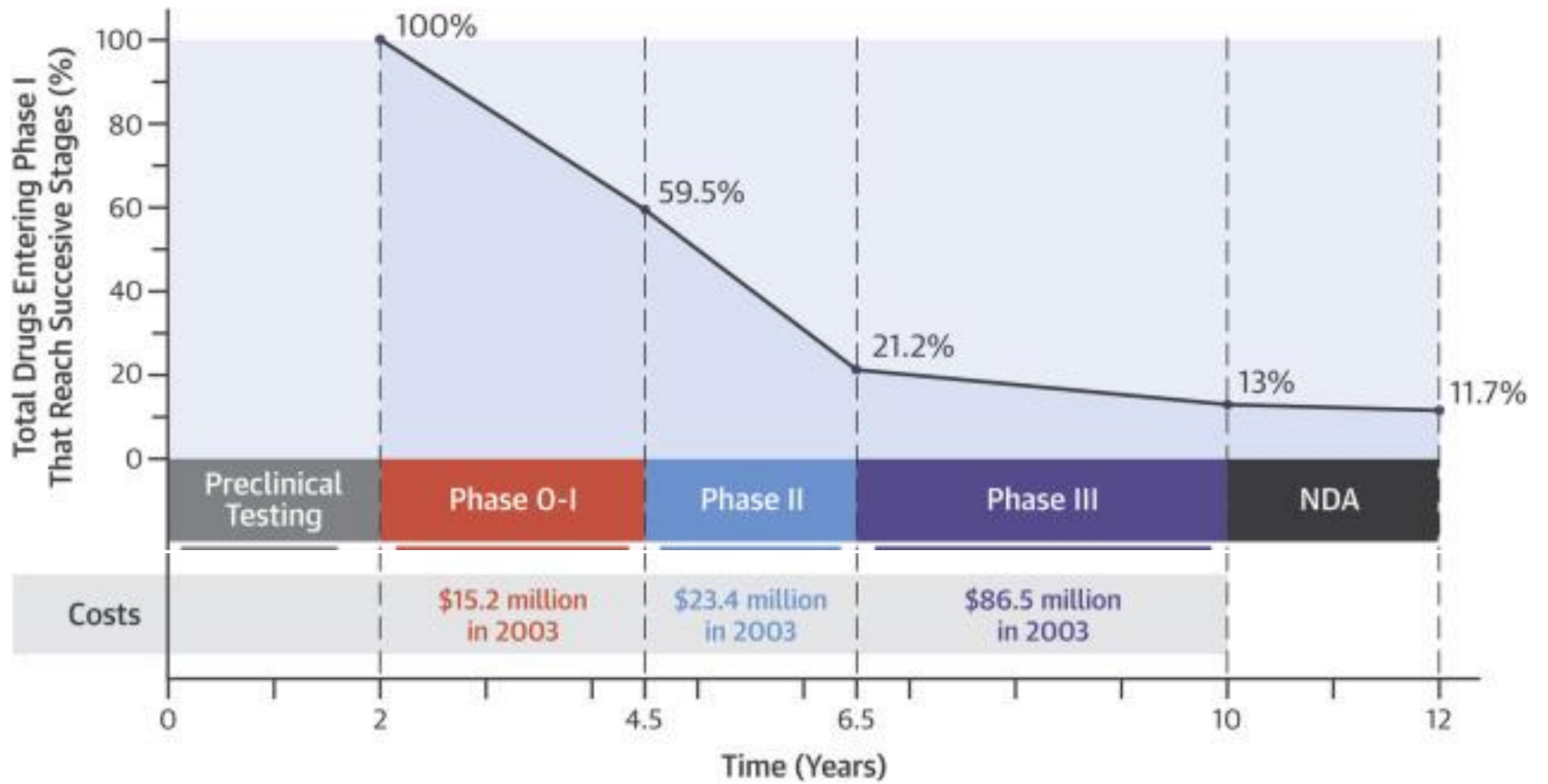


Single-Patient Emergency Investigational New Drug

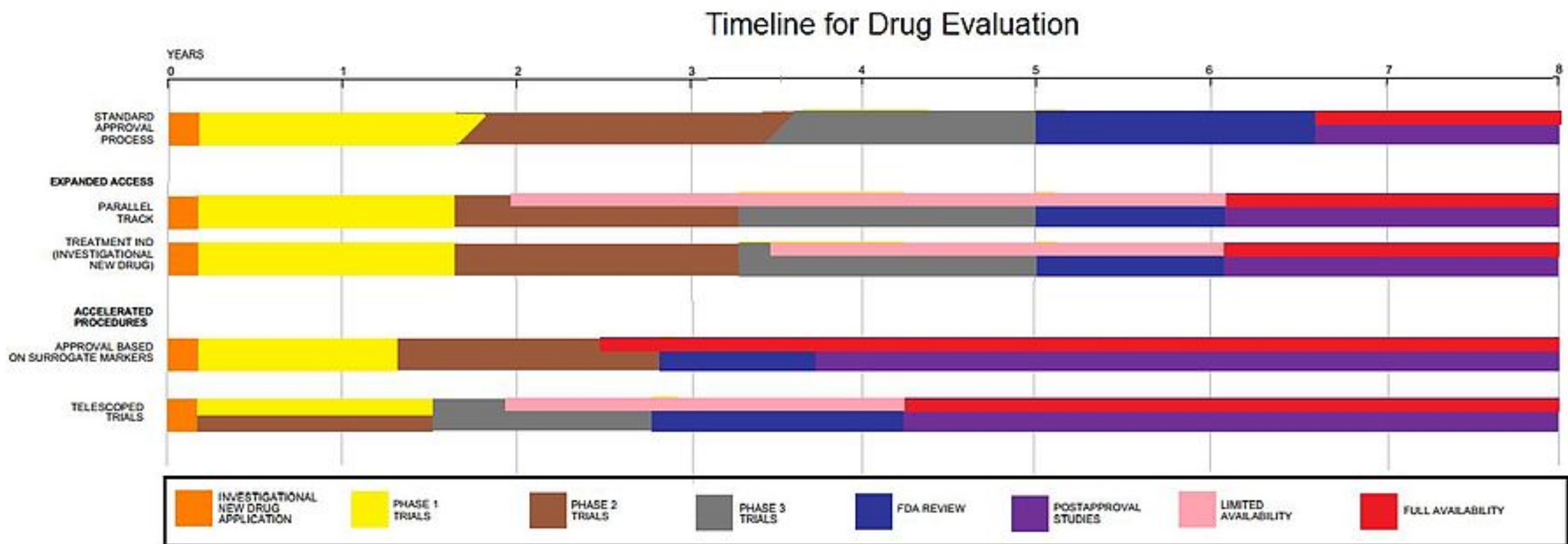
- ▶ Single-patient expanded access request
 - Commonly called “Compassionate Use”
 - Emergent & Non-emergency
- ▶ Phases I - III

Survey Questions:

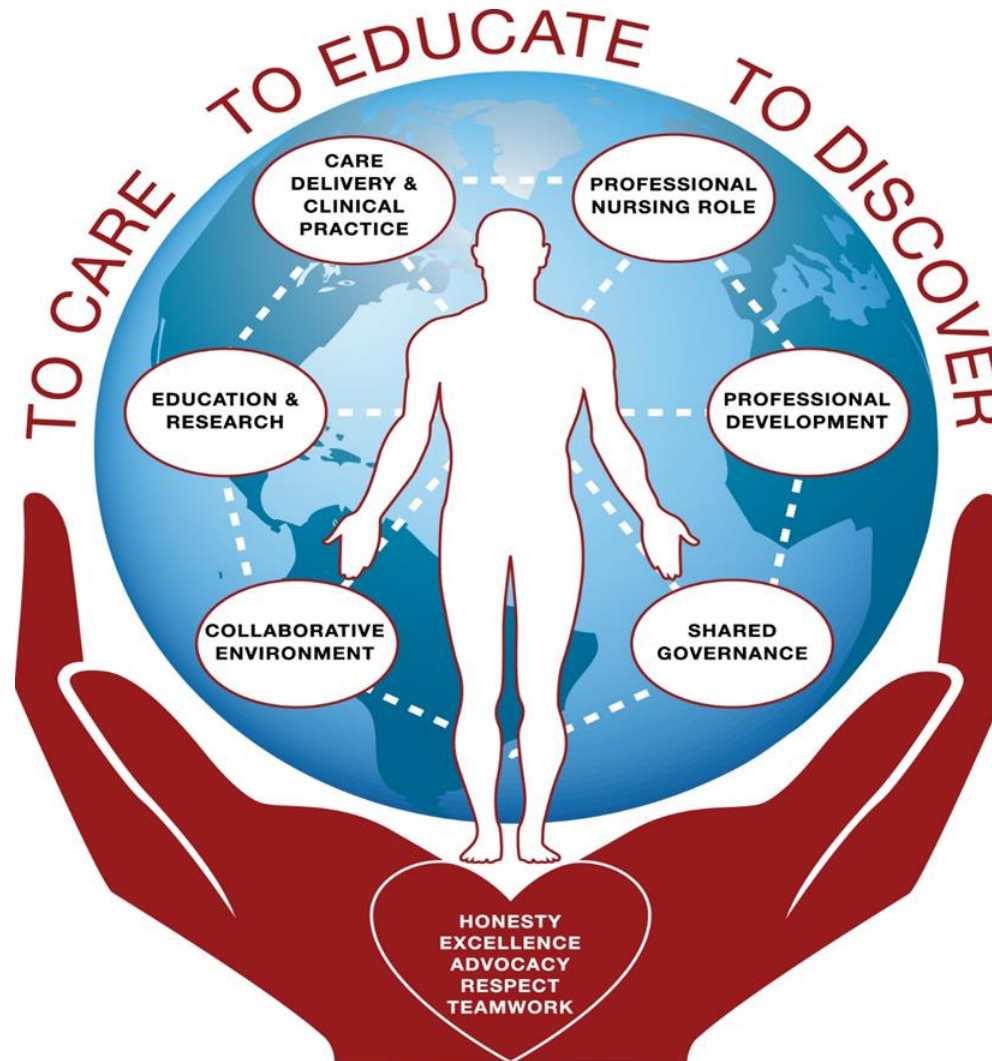
- ▶ Q: How long does it take for an average drug to get to market.
- ▶ Q: How much does it cost to bring a new drug to market?



General Clinical Trial Time Line



Professional Practice Model



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STANDARD OF CARE
NEEDS



PROTOCOL NEEDS

Care Delivery & Clinical Practice – Protocol Needs



SPECIMEN
COLLECTION



DATA
COLLECTION



ADMINISTRATION
OF RESEARCH
INTERVENTIONS



PATIENT
ASSESSMENT



TESTS AND
PROCEDURES

Care Delivery & Clinical Practice – Protocol Needs

Schedule of Study Procedures

	Screening	Check-in	Treatment				
			Days			Final Visit/ Early Termination	Unscheduled Visit (a)
Study Day	-28 to -2	-1	1	2	3	4	
Hour after dosing			0	24	48	72	
Informed consent/assent/HIPAA authorization (b)	X						
Inclusion/exclusion	X	X					
Medical history/demographics	X						
Concurrent medical conditions	X	X					
Complete physical examination	X	X				X	X
Vital sign measurements (c)	X	X	X	X	X	X	X
Height, weight, and BMI (d)	X	X				X	
12-lead ECG (e)	X	X	X			X	
Clinical laboratory tests (f)	X	X				X	
Fasting C-peptide (g)	X						
Blood glucose monitoring (h)			X	X			
Urine drug, cotinine and alcohol screens	X	X					
Serum Caffeine		X					
Serum pregnancy test (i)	X	X				X	
HBsAg and HCV tests	X						
PK blood sample (j)			X	X	X	X	
PD blood sample (k)			X	X			
PK urine sample (l)		X	X	X			
Confinement to clinic (m)		X	X	X			
Prior/concomitant medication assessment	X	X	X	X	X	X	X
Pretreatment/adverse event assessment (n)	X	X	X	X	X	X	X
Study drug administration			X				

Footnotes for Appendix A can be found on the following page.

Education & Research

- ▶ Standard of Care
- ▶ Protocol Requirements
- ▶ Side Effects
- ▶ How to Contact Study Team Member
- ▶ Discharge Instructions
 - SAEs



Patient Advocate

- ▶ Know Side Effects
- ▶ Report all Adverse Events
 - Even Minor Deviations from Defined Limits Should be Documented and Reported to the Study Team
- ▶ Close Patient Monitoring
- ▶ Comfortable asking questions
- ▶ Know where to escalate issues



Care Coordination / Collaboration

► Collaboration

- Primary Team
- Consult Services
- Research Team
- Supportive Services

- Office of Research, PCS
- Unit Leadership

► Communication



RN Role and Study Fidelity

- ▶ Reduction in Protocol Deviations
 - Missed Timepoints
 - Missed Procedure / Test
- ▶ Accurate Data Collection & Entry
- ▶ Processing Requirements
- ▶ Protocol Adherence
- ▶ Source Document

Ongoing COVID-19 Research

Vaccination and Treatment

To improve our ability to prevent COVID-19 and treat those infected.

Clinical trial of tocilizumab in hospitalized adults with severe COVID-19 pneumonia

Nidhi Rohatgi, MD, Kari Nadeau, MD, PhD, Neera Ahuja, MD

Rohatgi, Nadeau and Ahuja are conducting a randomized, double-blind, placebo-controlled phase 3 trial to evaluate the safety and efficacy of tocilizumab, an interleukin-6 receptor antibody, in hospitalized adult patients diagnosed with severe COVID-19 pneumonia. This multicenter trial is being conducted at 65 sites globally.

Clinical trial of remdesivir in hospitalized adults with COVID-19

Neera Ahuja, MD, and Kari Nadeau, MD, PhD

Nadeau and Ahuja are conducting a randomized, double-blind, placebo-controlled phase 2 trial to evaluate the safety and efficacy of the Ebola drug remdesivir in hospitalized adult patients diagnosed with COVID-19. The study is sponsored by the National Institutes of Health and is a multicenter trial that will be conducted at as many as 50 sites globally.

Phase 3 clinical trials of remdesivir in patients hospitalized with moderate and severe COVID-19

Aruna Subramanian, MD, and Philip Grant, MD

Subramanian and Grant have been conducting two multicenter, randomized, phase 3 clinical trials of an anti-viral medication, remdesivir. They are following patients to see how quickly they improve to the point of no longer needing oxygen or hospitalization. These trials, supported by Gilead Sciences, are being conducted at 100 centers worldwide. Stanford Medicine has been enrolling patients since March 14.

THE NEW ENGLAND JOURNAL OF MEDICINE

ORIGINAL ARTICLE

Remdesivir for the Treatment of Covid-19 — Preliminary Report

J.H. Beigel, K.M. Tomashek, L.E. Dodd, A.K. Mehta, B.S. Zingman, A.C. Kalil, E. Hohmann, H.Y. Chu, A. Luetkemeyer, S. Kline, D. Lopez de Castilla, R.W. Finberg, K. Dierberg, V. Tapson, L. Hsieh, T.F. Patterson, R. Paredes, D.A. Sweeney, W.R. Short, G. Touloumi, D.C. Lye, N. Ohmagari, M. Oh, G.M. Ruiz-Palacios, T. Benfield, G. Fätkenheuer, M.G. Kortepeter, R.L. Atmar, C.B. Creech, J. Lundgren, A.G. Babiker, S. Pett, J.D. Neaton, T.H. Burgess, T. Bonnett, M. Green, M. Makowski, A. Osinusi, S. Nayak, and H.C. Lane, for the ACTT-1 Study Group Members*

ABSTRACT

BACKGROUND

Although several therapeutic agents have been evaluated for the treatment of coronavirus disease 2019 (Covid-19), none have yet been shown to be efficacious.

METHODS

We conducted a double-blind, randomized, placebo-controlled trial of intravenous remdesivir in adults hospitalized with Covid-19 with evidence of lower respiratory tract involvement. Patients were randomly assigned to receive either remdesivir (200 mg loading dose on day 1, followed by 100 mg daily for up to 9 additional days) or placebo for up to 10 days. The primary outcome was the time to recovery, defined by either discharge from the hospital or hospitalization for infection-control purposes only.

RESULTS

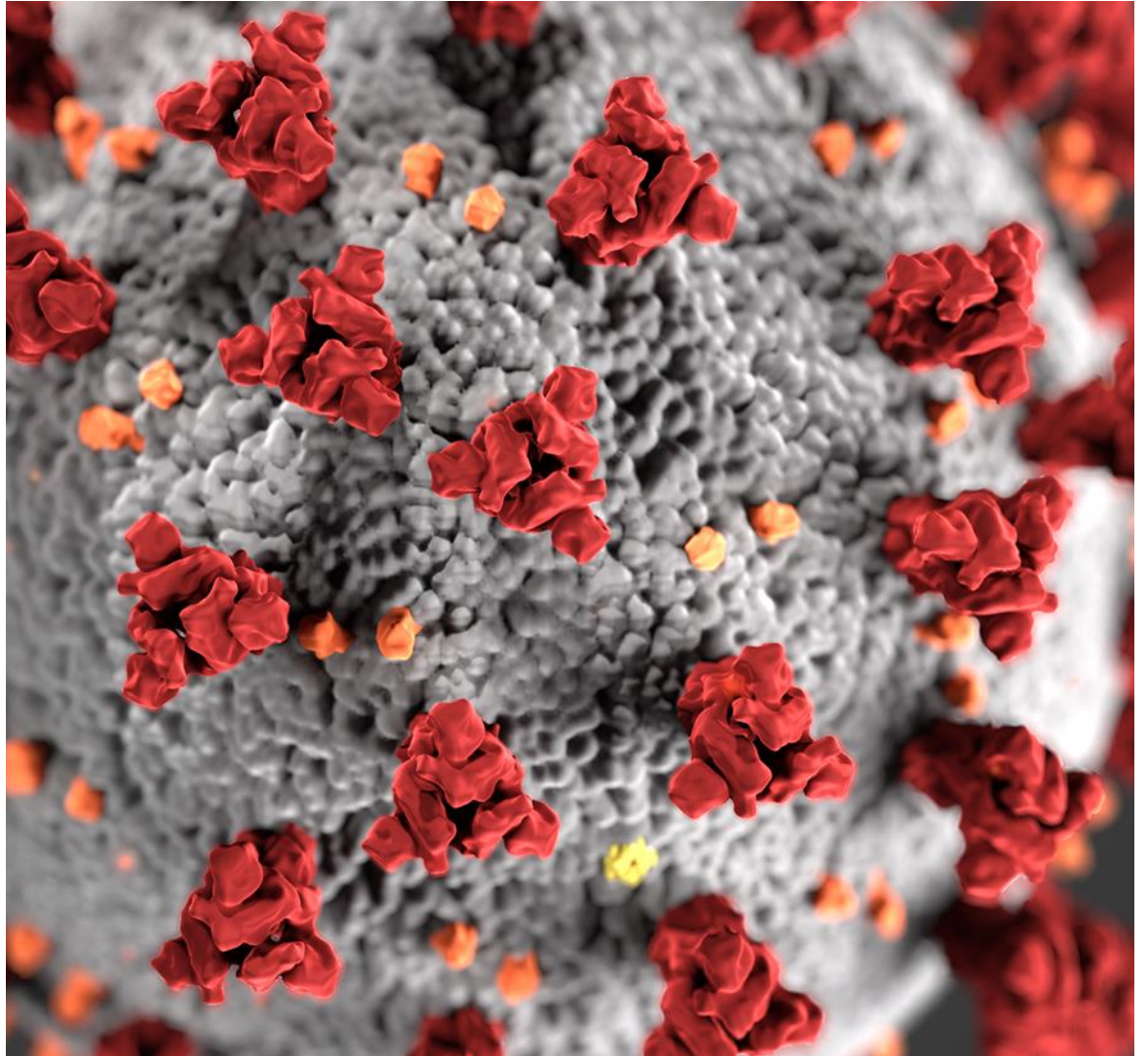
A total of 1063 patients underwent randomization. The data and safety monitoring board recommended early unblinding of the results on the basis of findings from an analysis that showed shortened time to recovery in the remdesivir group. Preliminary results from the 1059 patients (538 assigned to remdesivir and 521 to placebo) with data available after randomization indicated that those who received remdesivir had a median recovery time of 11 days (95% confidence interval [CI], 9 to 12), as compared with 15 days (95% CI, 13 to 19) in those who received placebo (rate ratio for recovery, 1.32; 95% CI, 1.12 to 1.55; $P < 0.001$). The Kaplan-Meier estimates of mortality by 14 days were 7.1% with remdesivir and 11.9% with placebo (hazard ratio for death, 0.70; 95% CI, 0.47 to 1.04). Serious adverse events were reported for 114 of the 541 patients in the remdesivir group who underwent randomization (21.1%) and 141 of the 522 patients in the placebo group who un-

RN Testimonials

- ▶ *“What I like about these trials is the hope that one day we would be able to come up with the best medication to fight COVID-19 infections. Also, RNs get to have knowledge about these medications especially their pharmacodynamics and pharmacokinetics.”*

Units With COVID Studies


- ▶ ED
- ▶ K4
- ▶ M7
- ▶ Capacity For Expansion For Surge



Summary


- ▶ Differences in Research and Quality Improvement
- ▶ Various phases of clinical drug trials
- ▶ General time frame for most drug trials
- ▶ Contributions of the bedside nurse in clinical trials
- ▶ Key components of study fidelity

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Study Teams and the Delegation of Authority - Jun. 24, 2020

This course will take an in-depth look at the individuals who make up a research team. It will also discuss roles and responsibilities of those members, the purpose of the Delegation of Authority log as well as how...


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Help! I need a budget for this project- how do I start and where do I go for help? What is my role? How do I use the Budgeting and Billing Workbook? This course will provide an overview of the Stanford clinical...


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How do I set up a research account so that my study participants won't get billed? This seminar will provide an overview of the Stanford research billing process and identify strategies for managing research...


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Stanford Health Care General Research Guidebook 2020



New Web Page



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Office of Research Patient Care Services

A PART OF NURSING [PROFESSIONAL EXCELLENCE](#)

The Office of Research Patient Care Services (ORPCS) builds on the traditions of academic nursing established over 100 years ago at Stanford University.

With an endearing commitment to increasing staff involvement in research-related activities to benefit patients, families and care givers at Stanford Health Care. The Office of Research works as a synergized team to consult on a range of topics, including study design, data management, dissemination and funding opportunities across the enterprise. The Stanford University Nurse Alumnae continue to support nursing education and research at Stanford Health Care and contribute to the excellence of front-line clinical excellence.

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Research Modules

A PART OF ORPCS EDUCATION

A video series on research literacy for clinical practice.

Research can often seem overwhelming and the process complex. Yet, research literacy and a fundamental understanding of the research process is required for optimal clinical care. Clinicians across the care spectrum are being asked to translate their clinical questions into structured research questions and incorporate existing research into their practice. The problem is that they may not know where to start or what the best practices are.

If you are new to research or looking to expand your knowledge, this is the place to start. This educational offering was graciously supported by the [Stanford Nurse Alumnae](#). Stanford Nurse Alumnae are key supporters of nursing education and research-related activities at Stanford Health Care and contribute to the excellence of front-line clinical staff.

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<https://stanfordhealthcare.org/health-care-professionals/nursing/professional-excellence/orpcs/orpcs-education/orpcs-education-modules.html>

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Nursing & PCS Research

The Office of Research are a team comprised of research scientists, nurse scientists, business, project and administrative specialists, and an executive leader that support nursing and patient care research at Stanford Health Care, including advancement of research and dissemination, promoting the development and translation of evidence-based practice, and fostering innovation to promote improvements in care delivery.

The core areas of focus in research include:

- Discovery Research
- Clinical Trials
- Innovation Research Science

Clinical & Human Subject Research

The Office of Research oversees a number of human subject research studies administered at Stanford Health Care. These projects

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Questions

Nick Berte, MSN, RN
Research Program Manager
The Office of Research, PCS
nberte@stanfordhealthcare.org
650.529.5103

OFFICE OF RESEARCH
PATIENT CARE SERVICES

research@stanfordhealthcare.org

How to access complete your evaluation to get CE's (continued)

Complete Activity Evaluation & Access CE Certificate

Step 1: Click the "My CE" button on the top right side of the screen.



Step 2: Click "Evaluations and Certificates"



Step 3: **Complete the Evaluation** – Click the "Complete Evaluation" button

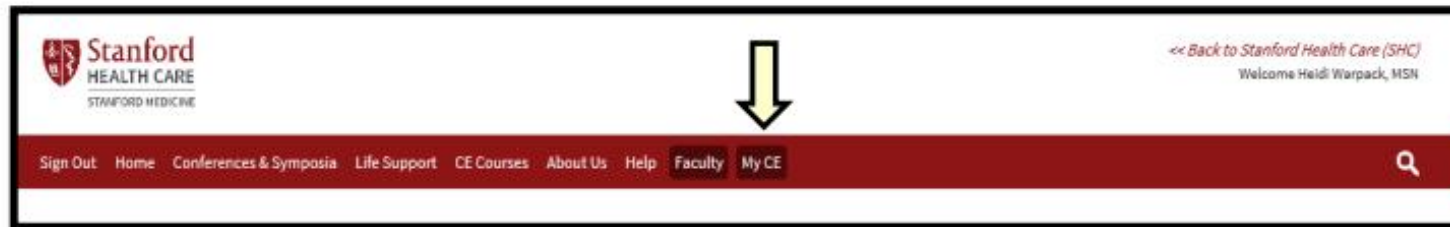
*When the evaluation is completed the screen will re-load and a button will display that reads **Download Certificate**. A Copy of your certificate will be automatically emailed to you.*

IMPORTANT: After receiving credit, certificates will be displayed in this area for 90 days. Please print or save any certificates within 90 days. CE certificate will drop off your MyCE profile and no longer be available after 90 days.

How to access complete your evaluation to get CE's

Update your profile to ensure you receive appropriate CE credits:

- Go to: www.cecenter.stanfordhospital.org
- Click on **CEPD Online Registration**
- Sign-In (non-SHC employee- use your email, SHC employee- use your SID)
- Click on **My CE** (Mobile view may display images different than what is shown below)



- Click on **Profile**
- Check appropriate credit categories to receive CE credits.

Please complete the information below. Required fields are noted with a red asterisk. Scroll down and click Submit. If you are new to this system, you will need to login with your email address and the password you created below.

I am eligible for the following credit categories

- | | |
|--|--|
| <input checked="" type="checkbox"/> Non-Physician Attendance (Must select) | <input checked="" type="checkbox"/> ANCC - American Nurses Credentialing Center contact hour(s) |
| <input checked="" type="checkbox"/> General Attendance | <input type="checkbox"/> AAPA- American Academy of Physician Assistants Category 1 CME credit(s) |
| <input type="checkbox"/> ANCC Pharma- American Nurse Credentialing Center Pharma contact hour(s) | <input checked="" type="checkbox"/> CA BRN - California Board of Registered Nurses contact hour(s) |
| <input type="checkbox"/> NASW- National Association of Social Workers contact hour(s) | <input type="checkbox"/> ABTC- American Board for Transplant Certification Category 1 CEPT(s) |
| <input type="checkbox"/> Physical Therapy/Occupational Therapy/Speech Language Pathology Contact Hour(s) | <input type="checkbox"/> ASRT- American Society of Radiologic Technologists Category A |

Certificates are issued to the attendee based on the “credit categories” selections you choose in your registration profile.